New Nursing Program to Focus on Mental Health
Soon we will experience a sense of renewal as spring arrives in the Miami Valley region. We at the College of Nursing and Health (CONH) are also experiencing renewal and rebirth. Now in our second semester, we emerge from the quarter-to-semester-transition process with a new curriculum, new ways of teaching, a newly conceptualized nursing institute, new faculty and staff, and the emergence of a new concentration in our master’s program—the Psychiatric and Mental Health Nurse Practitioner. We are committed to supporting our returning veterans through the provision of mental health services, and in doing so, forged a wonderful collaboration with the Dayton Veterans Affairs Medical Center.

We have also been very fortunate to have Sharon Stanley, the chief nurse of the American Red Cross, recognized as our outstanding alumna. She received a master’s degree from the CONH in 1983 and is a highly visible example of what one can achieve given the right tools, education, and experiences. We are proud to call her one of our own.

Our international scholar, JinNa Wang, spent six months in the college, and enriched the student experience by her service in the lab. She has a research project that is ongoing, collaborating with Dr. Rosemary Eustace and Dr. Devon Berry, is working on a manuscript, and guest lectured in our undergraduate program. It was a wonderful experience, and we hope to continue the tradition of having a scholar-in-residence-year-round.

Graduation is just around the corner—our first in April. Look for our newest graduates at all levels, and be prepared for some extraordinary things!

I chose the name The Nurse Advocate because advocacy is at the heart of what nurses do for their patients. Nursing is about more than healing. It’s about standing up for our patients’ needs, being their voice in the health care system.

Rosalie O’Dell Mainous
Ph.D., APRN, NNP-BC
Dean, Wright State University–Miami Valley College of Nursing and Health
New Nursing Program to Focus on Mental Health

By Cory MacPherson

The Wright State program will fill a void in the Dayton region. While there’s a demonstrated shortage of family psychiatric and mental health nurse practitioners in the state, there are currently no universities training this type of nurse in Southwest Ohio. “There’s no program like this one, with an emphasis on veterans’ health in the state of Ohio,” said CONH Dean Rosalie Mainous, Ph.D.

The National Institute of Mental Health estimates that one in four Americans is affected by mental illness every year, and some studies indicate that the prevalence may be even higher. Wright State’s new program will prepare nurses to deal with the broad spectrum of psychiatric issues across the lifespan of patients and their families.

Dempsey said there’s been a shift in the world of psychiatric nursing away from clinical nurse specialists, who focus mostly on research, and towards nurse practitioners, who are primarily geared toward patient care.

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The program is a concentration in the college’s existing nurse practitioner master’s program. Students will study the full range of mental conditions, including anxiety disorders and phobias; mood disorders, such as depression and bipolarism; personality disorders, such as schizophrenia; childhood behavior disorders, such as the autism spectrum and ADD/ADHD; and substance abuse.

The curriculum will include a focus on the anatomy and physiology of the brain, as well as other medical factors that could cause a change in mental state. “We have to be able to look at patients holistically and rule out any physical causes before we begin to address the mental health pieces,” said Dempsey. Students will also look at the broad factors that affect mental health care and the impact that mental health has on families. The program will expose students to a variety of treatment modalities, including group and individual therapies and pharmacological treatment.

Another feature of the program will be an emphasis on serving the health of our nation’s heroes. As the home of Wright-Patterson Air Force Base, the Dayton area has a large military population with more soldiers returning from combat situations every day. “Our veterans have great need for evidence-based, coordinated mental health care,” said Victor Knapp, M.D., chief of mental health services at the Dayton VA Medical Center (VAMC). “The issues are extremely complex. They include both an aging demographic and a new generation of returning veterans with complicated, co-existing needs in managing depression, posttraumatic stress disorder, chronic pain, and sometimes substance dependence.”

The VAMC helped develop the new nurse practitioner program and will continue to be a valued partner in the process, funding Dempsey’s joint appointment and serving as a clinical site for many of the program’s students. “Our partnership and commitment with the College of Nursing and Health to create the most qualified nurse practitioners is one way to thank our veterans for their service, and to provide personalized, patient-driven health care,” said Anna Jones Monnett, the VAMC’s chief nurse executive and associate director of patient services.

The program is now accepting applications, and its first students will begin this fall. Admission requires a bachelor’s degree in nursing and at least one year of experience as a licensed registered nurse. The program also has a post-master’s certificate option for advanced practice nurses wishing to move into the mental health field or add mental health competencies to an existing practice.

The program is designed to take approximately six semesters and requires a minimum of 500 clinical hours, focusing on two different treatment modalities. Students will be matched with clinical sites based on their individual interests and career goals. Upon completion of the program, graduates will sit for an exam through the American Nurse Credentialing Center. They may pursue further certification to obtain prescriptive authority.

Graduates will be prepared to assess patients in a variety of settings and provide various kinds of therapy and treatment. They could work in hospitals, clinics, independent private practices, or in group practices with other professionals, such as psychologists or social workers. “Mental health issues are rampant in our society,” said Dempsey. “The resources are scarce and the understanding is limited. We use terms like depression and bipolar so loosely. People may not know the difference between feeling sad and actual depression, where you can’t eat or sleep. They don’t understand the devastating pathology of mental illness.”
Making a Difference

By Kim Patton

A Great Journey

It was a moment Kathleen Lieder will always treasure. At a reunion for former patients of Miami Valley Hospital’s CareFlight program, Lieder was approached by a man who uttered six simple words she will never forget. “You’re the one,” he said. “You’re my angel.” The gentleman would go on to say, “Your eyes and your voice gave me the courage to hang on. I was scared to death.” “The guy brought me to tears,” Lieder recalls. “This was a man I had flown to the Cleveland Clinic for a liver transplant.”

As she thinks back to that CareFlight reunion, it reminds Lieder of why she chose nursing in the first place. “You’ll never get rich being a nurse,” she says, “but there are many things you get back.”

Giving Back

As she looks back on more than 30 years of caring for patients, Lieder describes her nursing career as a great journey that has allowed her to fulfill her passion for helping others. “There are things that you get working at the bedside that you may not get in a paycheck,” she says. “There is a different kind of contentment that comes from knowing that you made a difference holding somebody’s hand.”

Lieder is now making a difference for the next generation of nurses through her support of Wright State scholarships. Describing herself as a “middle-of-the-road kind of person” who made too much money to receive financial aid and fell just short of qualifying for an academic scholarship, Lieder realizes that many of today’s students face the same financial dilemmas she encountered. “If I could have gotten a scholarship for even $500 or $1,000, that would have meant the world to me,” she explains.

Lieder encourages other alumni to give back, regardless of how large or small their gift may be. “If we all just give a little bit, it will make a difference.”

Kathleen Lieder on her ranch outside of Houston, Texas, where she and her husband, Roger, raise beef cattle. Lieder’s nursing background even comes in handy on the ranch, where she gives the cattle some of their annual shots each spring.
“My vision as chief nurse is the revitalization of nursing and full integration of health across the organization,” she said. “The Red Cross has a long history of filling in needed gaps in communities.”

One of her bigger accomplishments to date was her role in the 2011 change in the Red Cross that enables nurses to provide care consistent with their education and training in disaster services, unencumbered by former restrictive protocols. “We’ve also been able to strengthen our national student nurse program by developing consistent products with measurable outcomes,” she said. “The Red Cross offers courses in disaster response and blood donation that can meet the nursing program’s content requirements and acquaint students with Red Cross volunteer opportunities. “It’s a win-win,” she added.

While the Red Cross is well known for disaster response, it is only one of the five service lines to which Red Cross nurse volunteers, working in the various business lines nationwide. In addition, she provides health and long-term direction for Red Cross and its health professionals. Although Stanley lives in Circleville, Ohio, she spends about half her time in Washington, D.C., and traveling across the nation, and communicates regularly through a virtual network.

“Disaster is chaotic,” she acknowledged. “You’ve got to able to work in an environment that feels totally out of control and that is so fluid in the early days and weeks.”

Four of experience, both military and civilian, allow her to thrive in the chaos. “I always learn, no matter what disaster relief effort I go out on,” Stanley explained. “And ultimately what I saw in the neighborhoods were people reaching out and helping others. They are resilient.”

Before joining the Red Cross in 2009, Stanley was the program director for the Ohio Center for Public Health Preparedness at The Ohio State University, where she co-developed and implemented a nationwide program to train public health nurses in disaster preparedness response. She was also the chief of disaster planning at the Ohio Department of Health and served as a local health commissioner. She is a retired colonel and served 34 years as an Army nurse, including 12 on active duty. She was the first nurse commander of multiple units. Stanley graduated from the Army War College and received the Surgeon General’s “A” proficiency designator and is a member of the Order of Military Medical Merit.

She earned an M.A. in security studies (Homeland Security and Defense) from the Naval Postgraduate School and a Ph.D. in health education from The Ohio State University. She has taught community and public health nursing at various universities, including Wright State, and is currently a Robert Wood Johnson Foundation Executive Nurse Fellow.

With a record of exceptional contributions to the nursing profession, nursing education, and community service, it's no wonder Stanley received one of Wright State’s 2013 Outstanding Alumni Awards.

Part of her job is recruiting, retaining, and recognizing volunteers in the health area of the Red Cross. During the massive Sandy relief efforts, Stanley coordinated health professionals, including licensed mental health providers, physicians, nurses, certified nursing assistants, EMTs, and even nursing and medical students. Stanley also fostered a partnership with Visiting Nurse Service of New York to consolidate outreach services, to include canvassing affected neighborhoods door to door. One weekend she directed a huge bulk distribution of Red Cross products to hard-hit neighborhoods on Staten Island.

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**By Jim Hannah**

**HEART & HAND**

When Haley Kreider was in fifth grade, her mother was diagnosed with brain cancer.

Haley and her brother were kept in the dark by doctors and nurses, who wrapped the two in a protective cocoon but left them alone to deal with the demons of the unknown. "My brother and I had no idea what was going on," said Kreider. "Even at that age, all I could think of was, 'Wow, this could be the end for my mom.'"

Today, Kreider's mother is an 18-year cancer survivor. So is Kreider's grandmother, who was diagnosed with breast cancer eight years ago.

But the whole experience planted a seed with Kreider. She got her bachelor's degree in nursing in 2012 through an accelerated program at the Wright State University–Miami Valley College of Nursing and Health and currently works as a staff nurse in an internship/residency at the James Cancer Hospital in Columbus, Ohio. "When I started the program at Wright State, I said, 'I want to do oncology nursing,' and the other students looked at me like I was crazy," she recalled. "'I want to do oncology nursing,' and the other students looked at me like I was crazy," she recalled.

Kreider's interest in nursing intensified when she was injured in a car accident in 2006, teaching her not to take life for granted. And a Death, Loss, and Grief course at Wright State changed her entire outlook on death. "That class helped me be at ease with dying as being a normal process," she said. "I made it my personal initiative to not avoid the subject and to talk about death and acknowledge the reality of death."

**BEACON standout shines at James Cancer Hospital**

Her passion for helping patients who face a terminal disease picked up speed when she started volunteering at Hospice of Dayton.

Kreider's capstone project at Wright State was to survey the literature on the use of art therapy with cancer patients. In art therapy, patients are sometimes asked to draw what they're feeling.

"The whole idea is they express themselves through the drawing and the art and things they might not be able to put into words," Kreider said. "In the majority of the studies, art therapy was effective in helping with depression and lifting spirits and actually decreasing pain in some of them."

While she was still at Wright State, Kreider presented her findings to the nurse managers at The James. She emphasized that the therapy was about improving the quality of life. "Sometimes in nursing, we get wrapped up in the science; we tend not to address the spiritual and emotional needs," she said.

Kreider took the long way to her career in nursing. Growing up in the tiny eastern Ohio village of Bloomingdale, she turned a childhood of playing baseball into a softball scholarship at Wright State. Known as a catcher with a rocket arm, Kreider saw a shoulder injury cut her college career short.

She graduated from Wright State with a degree in athletic training and spent the next five years working at Orthopedic Institute of Dayton and Kettering Sports Medicine Center and then as head athletic trainer for the Texas Wildcatters, a semiprofessional hockey team in Beaumont, Texas.

Kreider later returned to Wright State and enrolled in BEACON, an accelerated nursing program for those who already have a bachelor's degree in some other discipline. "This is not a program for the faint of heart," said associate professor Kathy Keister, Ph.D., who had Kreider in several of her classes.

The program included graduate courses and compressed two-and-a-half years of classes into five consecutive terms. "The BEACON program is probably one of the hardest things I've ever done," Kreider said. "The instructors inspired us to want to do more and to excel even in such a hard program."

Keister said Haley was an exceptional student and the first to earn departmental honors. "She was always prepared, up for the challenge of whatever the day was," Keister said. "She not only met expectations, but she consistently exceeded them in terms of her professionalism, her academic performance."

Kreider graduated with a 3.9 grade point average and won the Top Scholars Award for the College of Nursing and Health. Then she landed a spot at The James.

When she's not working one of her 12-hour shifts, Kreider can be found at her log cabin home on a four-acre farm in Ashley, Ohio. She shares her home with her husband, six goats, 15 chickens, seven barn cats, and dogs that include two Great Pyrenees and a Yorkie. Her pursuits include gardening, crafting, hunting, and fishing.

Kreider's career goal is to become a hospice nurse, helping people face the end of life. "Everyone is going to go through it," she said. "It's something I feel that I'm at peace with."

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Student researches the emotional trials faced by parents of NICU babies

By Jim Hannah

I t was a window to the heart—a close-up view of the terror, fear, worry, and stress of having a child in a neonatal intensive care unit (NICU). And Karen Herzing had a seat by the window.

The undergraduate Wright State University nursing student studied how parents react to that jolt-to-the-marrow experience as part of a research project.

A father was reduced to tears because he was torn by whether to give himself up to the overwhelming love for his child or create emotional distance in case the worst happened.

"It’s almost like posttraumatic stress disorder for the families," Herzing said. "It’s being in a critical state, in a crisis, at a high level for so long because these babies aren’t there for just a week. Some of them are there for up to five months."

Herzing’s curiosity about the NICU stemmed from years of working in centers that assist pregnant women. The mother of four grew up in Washington, D.C., and obtained her bachelor’s degree in anthropology and Asian studies at Amherst College in Amherst, Massachusetts. She lived in Japan for a year before returning to the United States and enrolled at Wright State in 2011.

Herzing’s interest in neonatal intensive care was developed into a research project through the help of College of Nursing and Health Dean Rosalie Mainous, Ph.D., and Dominique Belanger, Ph.D., director of undergraduate research and STEM activities. The research took Herzing to the NICU at The Children’s Medical Center of Dayton, where most of the babies were premature or compromised in some way. She interviewed 10 families over the summer of 2012. "I felt like it was a privilege to have them share that deep, personal event in their lives because undoubtedly it changed them. They wanted someone to talk about this."

What she found were families living on the edge—traumatized by having to see their babies clinging to life, having to leave them to go home, and then having to handle nerve-rattling telephone calls from the hospital.

“There were some very interesting human defense mechanisms going on where the parents wanted to spend time with the baby, but at the same time it made it harder,” Herzing said. “I think there were some unconscious things they were doing to detach themselves a little bit from the baby because they weren’t sure that the baby was going to make it and it was too painful.”

Through her research, Herzing reached several “nursing implications.” One implication, or suggestion, was that the parents trying to cope with these experiences be connected with parents who have already gone through it.

“Nine out of the 10 families said they really could have used someone to talk to at the time that wasn’t a healthcare professional,” Herzing said. “They wanted another mom who had been through it, just someone else who knew what they were feeling.”

Another suggestion was to have neonatal nurses specifically visit the homes of parents to help them care for their infants after they are released from the hospital. "Some of them are coming home with heart monitors and oxygen,” she said. “That's nerve wracking. That freaked a lot of the families out. They had to learn how to work with this equipment, and that's just intimidating.”

In the end, Herzing came away with greater insight of what families go through and ideas for strengthening the system.

Wright State Employee Health and Benefits Fair

A team of CONH students participated in this year’s Employee Health and Benefits Fair. Under the supervision of their clinical instructors, students administered more than 400 flu shots and delivered more than 500 blood pressure, glucose, and cholesterol screenings. The students also educated employees by creating health-related displays and presentations covering a wide variety of health topics, including breast cancer awareness, stress management, preparing for flu season, stocking a first aid kit, diabetes prevention, and everyday exercise.

United States Air Force 5K

More than 50 students and faculty members from the College of Nursing and Health volunteered at the annual U.S. Air Force 5K hosted by Wright State University. Volunteers passed out Gatorade, water, and bananas at the hydration station and provided cheers and encouragement to the race participants. Another group of students volunteered at the finish line’s first aid tent. There, they assisted Calamityville staff with IVs and nursing assessments for runners who needed medical attention. Graduate assistant Sarah McClurg organized this community service outing.

By Cory MacPherson
This year’s event honored 17 registered nurses from Miami Valley healthcare agencies who exemplify wisdom, advocacy, and caring in professional nursing.

This year’s event honored 17 registered nurses from Miami Valley healthcare agencies who exemplify wisdom, advocacy, and caring in professional nursing. A silent auction was added to the gala to help Wright State nursing students travel internationally for service-learning opportunities.

At the ceremony, CONH Dean Rosalie Mainous, Ph.D., honored Dean Emerita Patricia Martin, Ph.D., for her service to the college. Martin began Wright State’s Cameos of Caring® tradition with its first gala in 2001. Since then, the event has honored more than 200 nurses and provided more than $350,000 in scholarships.

**2012 Cameos of Caring Recipients**

- **Melissa Waites**
  Atrium Medical Center

- **Mari Jo Rosenbauer**
  Children’s Medical Center of Dayton

- **Adrienne Tisinger**
  Dayton Veterans Affairs Medical Center

- **Annie Milburn**
  Fort Hamilton Hospital

- **Monica Sutter**
  Good Samaritan Hospital

- **Tina Kilburn-Stewart**
  Grandview Medical Center

- **Cheryl Shaw**
  Greene Memorial Hospital

- **Sharon Spruill**
  The Hospice of Dayton

- **Rachel Snyder**
  Kettering Medical Center

- **Melissa Dinsmore**
  Kindred Hospital

- **Eleanor McGuire**
  Mercy Memorial Hospital

- **Patti Scharbaum**
  Miami Valley Hospital

- **Angela Madden**
  Southview Medical Center

- **Melissa Dinsmore**
  Springfield Regional Medical Center

- **Theresa Zwiesler**
  Sycamore Medical Center

- **Jennifer Kiser**
  Upper Valley Medical Center

- **Kim Padgett**
  VITAS Innovative Hospice Care
Community Partnerships

Harriet Knowles is a bundle of energy when she talks about the revision and re-launch of the Nursing Institute. An arm of the Wright State University–Miami Valley College of Nursing and Health (CONH), the institute is refocused and reinvigorated.

A catalyst for change. That’s how Knowles describes the institute’s important role in helping partners build healthier communities. As the new director, she will identify and manage partnerships with healthcare agencies, educational institutions, the military, private business, and other organizations. She has already fostered many valuable relationships from her previous position as the college’s clinical placement and continuing education director.

A registered nurse herself, Knowles is uniquely prepared for her new role. “We live by the ‘Nursing Process’ no matter what we do,” she explained. The same core phases—assessment, diagnosis, outcomes/planning, implementation, and evaluation—can be used to meet community needs. “We’re already doing needs assessment by networking with our community partners,” she explained. “We’re not a success unless we have positive outcomes.”

When Dean Rosalie Mainous took the reins of the college in 2011, she conducted an organization-wide assessment and determined that the Nursing Institute’s strategic plan needed to be updated to reflect the rapid changes taking place in the nursing profession and to meet community needs.

“It’s all about creating nursing-driven solutions for community-identified needs,” said Devon Berry, Ph.D., CONH director of innovation and community partnerships.

“We’re going out to see what the community needs and then using our resources to create shared value with the community,” she explained. The Nursing Institute serves as a one-stop shop for everything that happens outside the college’s degree-related programs.

Two familiar faces, Assistant Director Diane Mehling, RM, CCRC, and Administrative Specialist Diana Lewis, will greet visitors in the institute’s new office located on the first floor of University Hall on Wright State’s Dayton campus. An internal director, who will focus on matching faculty expertise to research needs of regional hospitals and other organizations, will join the team.

The institute is still committed to its Preferred Partners and has invited them to be charter members of a newly formed College of Nursing and Health Advisory Board, one of three advisory boards to the college. These include Graceworks Lutheran Services, Premier Health Partners, Sinclair Community College, and Wright State University.

“We have such a diverse group of professionals on the advisory board,” Knowles said. “They’re not just healthcare people, but include educators, military, private business, and others. We’re able to hear about their needs, and oftentimes the needs are very similar.”

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One of the biggest community needs already identified is home health. “It’s an area that is very large, very much in need, and an area that we can act as the catalyst,” said Knowles. For example, how can the institute help nurses transition from an acute care environment to a home care environment? The institute will determine specific needs and then develop solutions. Since Knowles knows of no other such program, it could become a national model for the home care industry.

Another focus area is “aging in place,” elderly staying in their homes longer instead of moving to long-term care. “The issue is the ability to make sure people are safe,” explained Knowles, who is a gerontological clinical nurse specialist. The institute is partnering with Graceworks Lutheran Services, Montgomery County Economic Development, Area Agency on Aging, Jobs and Family Services, the American Red Cross, and others on assessing needs and creating solutions.

The institute is also partnering with senior centers about the possibility of offering wellness classes that could be taught by nursing students. “If we can keep our seniors healthier longer, they can hopefully stay in their home longer,” Knowles said. “That’s an example of how the institute is a catalyst to meet needs by using college resources.”

A one-of-a-kind disaster nursing certificate program is being developed with Calamityville, part of the Boonshoft School of Medicine’s National Center for Medical Readiness. STNA (State Tested Nurse Aide) training, which is now a prerequisite for admission to Wright State’s B.S.N. program, will be offered beginning in 2013 and will be open to the public. Customized job training also has a lot of potential, as well.

Just as Wright State is admired for the transformative impact on the lives of students, and on the communities the university serves, so is the mission of the Nursing Institute.
Suzanne Homer, M.S., RN
Student Success Program Director
Homer will provide assistance to nursing students who may be at risk academically. She was an RN case manager for Optum Health, director of nursing at the Dayton campus of Hondros College of Nursing, and a preceptor for LPN, RN, and M.S.N. students. Additionally, she has worked at Miami Valley Hospital (level 1 trauma ICU), Careweal Health, and Middletown Regional Hospital. She loves old movies, rhythm and blues, and antique shopping.

Steve C. Johnson, MBA
Business Manager
Wright State alumni Steven Johnson joins the CONH team as business manager. He earned a B.A. in finance/financial services from Wright State and an M.B.A. from Miami University. For over two years, he served as the business manager for the Colleges of Business and Fiscal Affairs and Enrollment Management at Wright State. In addition, Johnson has held several positions, including controller, at MR&I, Inc., and Computer Clinical Laboratories, both located in Dayton. A high school and college footballian, Johnson still loves sports and you might find him in a game of pickup basketball on the lunch hour.

The college received the following letter praising one of its students:

“I am a general surgeon at Clinton Memorial Hospital in Wilmington, Ohio. I had the opportunity to work with one of your students, Mohammed Hussein. He was part of an ICU team that helped take care of some of my sickest patients. His knowledge of general medicine and nursing was beyond that of many nursing students I have worked with. He was always there on time, and with the most updated and accurate information on all of my patients. My patientsâ€™ lives loved him. He treated everyone with respect—above all, his working knowledge was excellent. He was so interested in patient care that he even took time to follow me with some of the patients we shared to the operating room. At one point, we spent six hours straight operating on a patient. He scrubbed with me and was at the operating room table the entire time. He asked the appropriate questions, when asked he responded 98 percent of the time with the correct response regarding the pathology, anatomy, and physiology. In short, I was utterly impressed! Thank you for sending us such a brilliant and dedicated mind. He will do very well in all his endeavors.”

Mohammed Hussein
B.S. in Nursing from University of Kentucky, Family Nurse Practitioner Post-master’s degree from the University of Kentucky, and Family Nurse Practitioner post-graduate degree from Northern Kentucky University. Young has worked in a variety of agencies in Ohio and Indiana, including Take Care Health Services, offered through Walgreens, and Cincinnati Children’s Hospital Medical Center. Empowering students is basic before health changes is one of her areas of interest. For fun, she likes to bicycle, golf, and pool walk.

Teresa Thorpe, M.S., RN, CNP
Clinical Instructor
Teresa Thorpe will share her vast experience in pediatric nursing. She earned a B.S.N. from Wright State University, and two M.S. degrees from Wright State.

Wang is a lecture and clinical instructor of respiratory and infectious diseases, as well as basic nursing skills. During her six-month exchange program, she gained diverse educational experiences, such as online teaching learning, patient simulators, and online assessments. Wang helped assess the effectiveness of the College of Nursing and Health’s HIV/AIDS curriculum. She has earned a master’s degree in public health and a master’s degree in health education, the latter including the National Association of Pediatric Nurse Faculty. She enjoys food and travel, travels to New York in the fall.

Vicki Evans, M.S., RN
Clinical Instructor
Vicki Evans joins the college as a new clinical instructor. She holds certification in critical care nursing, and her area of research is behavior modification techniques for middle-school-age students.

Vicki Evans earned an A.D.N. from Sinclair Community College, B.S.N. from Miami University, and M.S. from Wright State University, focusing on school nursing. For the past year, she was an instructor at Hondros College of Nursing. Evans was a school nurse in Middletown City Schools and has served as a visitor for LPN, RN, and M.S.N. students. Additionally, she has worked at Miami Valley Hospital (level 1 trauma ICU), Careweal Health, and Middletown Regional Hospital. She loves old movies, rhythm and blues, and antique shopping.

Zulma Aspey, M.S., RN
CNP Clinical Instructor
Zulma Aspey, M.S., RN, CNP, joins the CONH team as a clinical instructor. She is a Board Certified Nurse Practitioner and has been in practice since 1983. Aspey has been honored for her teaching excellence and has been recognized as one of the most distinguished nurses in the state of Ohio.

Aspey is a former registered nurse and a graduate of the University of Dayton. She earned a B.S.N. from Wright State University, a M.S. degree from Miami University, and a M.S. degree in education from Wright State University.

The College of Nursing and Health held the conference “Prescribing Schedule II Medications for A&P/No on Ohio” on Saturday, November 12, 2016. The event was well attended by advanced practice nurses—many of whom served as presenters and speakers.

Teresa Thorpe, M.S., RN, CNP
Clinical Instructor
Teresa Thorpe will share her vast experience in pediatric nursing. She earned a B.A. in mass communication/marketing/merchandising and M.Ed. in higher education administration/student affairs from Wright State University. She also earned an A.A.S. in nursing from Columbus State Community College and B.S. in nursing at the University of Lowell (Massachusetts), and M.S.N. in nursing from Wright State University.

She enjoys time with her family, traveling, and reading. Having grown up as a military-dependent, she has lived in nine different states and six countries.

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Clinical Instructor
Vicki Evans joins the college as a new clinical instructor. She holds certification in critical care nursing, and her area of research is behavior modification techniques for middle-school-age students.

Vicki Evans earned an A.D.N. from Sinclair Community College, B.S.N. from Miami University, and M.S. from Wright State University, focusing on school nursing. For the past year, she was an instructor at Hondros College of Nursing. Evans was a school nurse in Middletown City Schools and has served as a visitor for LPN, RN, and M.S.N. students. Additionally, she has worked at Miami Valley Hospital (level 1 trauma ICU), Careweal Health, and Middletown Regional Hospital. She loves old movies, rhythm and blues, and antique shopping.

Zulma Aspey, M.S., RN
CNP Clinical Instructor
Zulma Aspey, M.S., RN, CNP, joins the CONH team as a clinical instructor. She is a Board Certified Nurse Practitioner and has been in practice since 1983. Aspey has been honored for her teaching excellence and has been recognized as one of the most distinguished nurses in the state of Ohio.

Aspey is a former registered nurse and a graduate of the University of Dayton. She earned a B.S.N. from Wright State University, a M.S. degree from Miami University, and a M.S. degree in education from Wright State University.

The College of Nursing and Health held the conference “Prescribing Schedule II Medications for A&P/No on Ohio” on Saturday, November 12, 2016. The event was well attended by advanced practice nurses—many of whom served as presenters and speakers.

Teresa Thorpe, M.S., RN, CNP
Clinical Instructor
Teresa Thorpe will share her vast experience in pediatric nursing. She earned a B.A. in mass communication/marketing/merchandising and M.Ed. in higher education administration/student affairs from Wright State University. She also earned an A.A.S. in nursing from Columbus State Community College and B.S. in nursing at the University of Lowell (Massachusetts), and M.S.N. in nursing from Wright State University.

She enjoys time with her family, traveling, and reading. Having grown up as a military-dependent, she has lived in nine different states and six countries.

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